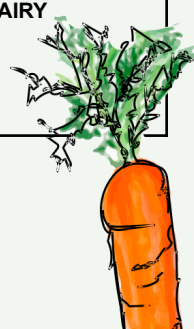




SPRING/SUMMER 2025

WEEK 1	LUNCH	DESSERT
MONDAY	<u>Sloppy Joe Jacket Potato</u> Potato, carrot, gravy, sweetcorn, Spring onion, Grated cheese (MILK), beef mince, onion, vegetable stock, Contains: DAIRY	<u>Fresh Pear</u>
TUESDAY	<u>Greek Tuna Pasta Salad</u> Pasta: (GLUTEN)(WHEAT), tuna: (FISH), olives, cucumber, tomatoes, sweetcorn, basil, olive oil, spring onion	<u>Strawberry Jelly</u> Vegan Gelatine, strawberries, sugar
WEDNESDAY America	<u>Chilli Cheese Bean and Sweet Potato Stew</u> Kidney beans, sweet potato, carrots, cheese (MILK), tomatoes, spring onion, onion, garlic, vegetable stock, Contains: DAIRY	<u>Lemon Yogurt</u> Lemon Juice, Yogurt: milk: (MILK) Contains: DAIRY
THURSDAY	<u>Spring Chicken Curry w Flat Bread</u> Chicken, cauliflower, peas, courgette, coconut milk, leek, garlic, ginger, thyme, turmeric, tomatoes, vegetable stock, Flat bread: (GLUTEN)(WHEAT), onion	<u>Banana Loaf Cake</u> Banana, milk: (MILK), eggs: (EGG), sugar, self raising flour: (WHEAT)(GLUTEN), nutmeg, cinnamon, water, Contains: DAIRY OR <u>Fresh Fruit Salad</u> Pineapple, melon, watermelon
FRIDAY	<u>Creamy Broccoli Tomato Bake</u> Cherry tomato, broccoli, milk (DAIRY), wheat flour: (WHEAT)(GLUTEN), Pasta: (WHEAT)(GLUTEN), haricot beans, broccoli, tomatoes, onions, garlic, basil, cheese: (MILK), Contains: DAIRY	<u>Pineapple Smoothie</u> Spinach, pineapple, melon, water

WEEK 2	LUNCH	DESSERT
MONDAY	<u>Jacket Potato w Baked Beans and Cheese</u> Potato, Baked beans, Sugar, Maize starch, salt, Onion powder, paprika, Spring onion, Grated cheese: (MILK), Contains: DAIRY	<u>Melon</u>
TUESDAY	<u>Wild Salmon and Broccoli Pasta Bake</u> Broccoli, lentils, salmon: (FISH), pasta: (WHEAT)(GLUTEN), onion, tomatoes, garlic basil, Milk: (MILK), cheese: (MILK), Contains: DAIRY	<u>Pancakes w Peach Compote</u> (EGG), flour: (WHEAT) (GLUTEN), milk: (MILK), peach, cinnamon, Yeast, sugar, Contains: DAIRY
WEDNESDAY SOLVICA	<u>Spring Country Stew with Bread Roll</u> Beef, Cabbage, Leeks, Carrots, Cauliflower, Light Gravy, Thyme, Peas, swede, bread roll: (GLUTEN)(WHEAT), gravy, onions, thyme, vegetable stock	<u>Mango & Strawberry Smoothie</u> Mango, strawberry, water
THURSDAY	<u>Summer Cauliflower Cheese</u> Cauliflower, peas, leeks, lentils, milk: (MILK), cornflour, margarine, spinach, cheese: (MILK), wheat flour: (GLUTEN)(WHEAT), Contains: DAIRY	<u>Blueberry & Lemon cake</u> Blueberry lemon juice, milk: (MILK), eggs: (EGG), sugar, self raising flour: (GLUTEN)(WHEAT), nutmeg, cinnamon, water, Contains: DAIRY OR <u>Fresh Fruit Salad</u> Pineapple, Galia melon, water melon
FRIDAY	<u>Chicken and Leek Pie w Carrots</u> Carrots, leeks, pastry: (WHEAT)(GLUTEN), potato, chicken, gravy, peas, thyme, vegetable stock	<u>Wild Berries Yogurt</u> Blueberries, raspberries, strawberries, yogurt: (MILK), Contains: DAIRY





WEEK 3	LUNCH	DESSERT
MONDAY	<u>Cheese & Onion Mayo Jacket Potato</u> Potato, cheese: (MILK) , spring onion, sweetcorn, mayonnaise: (EGG) , haricot bean. Contains: DAIRY	<u>Satsumas</u>
TUESDAY	<u>Wild Salmon Fishcake w Sweetcorn</u> Sweetcorn, salmon: (FISH) , potato, peas, leek, carrot, breadcrumbs: (WHEAT)(GLUTEN) , vegetable stock, spring onions	<u>Strawberry, Apple & Apricot Crumble</u> Apple, apricot, wheat flour: (WHEAT)(GLUTEN) , oats: (GLUTEN) , margarine, strawberry, cinnamon, vanilla
WEDNESDAY CHINA	<u>Sweet n Sour Chicken w Rice</u> Rice, chicken, onions, sweet peppers, sweet potato, soya sauce: (SOYA) , tomatoes, cornflour, vinegar, brown sugar, vegetable stock	<u>Cherry Yogurt</u> cherries, yogurt: milk: (MILK) , Contains: DAIRY
THURSDAY	<u>Spaghetti Bolognese</u> Beef, pasta: (WHEAT)(GLUTEN) , carrots, tomatoes, peas, onion, garlic, basil, vegetable stock, mushrooms, thyme	<u>Marble berries and Vanilla cake</u> Flour: (GLUTEN)(WHEAT) , milk: (MILK) , eggs (EGG) , sugar, berries, water, baking Soda, strawberry, blueberries, blackberries, Contains: DAIRY OR <u>Fresh Fruit Salad</u> Melon, Apple, strawberry
FRIDAY	<u>Flaky Onion Pie w Peas</u> Potato, milk: (MILK) , cheese: (MILK) , onion, chives, peas, pastry: (WHEAT)(GLUTEN) , vegetable stock, Contains: DAIRY	<u>Strawberry Smoothie</u> Strawberry, Blueberry, pineapple, water















WEEK 4	LUNCH	DESSERT
MONDAY	<u>Lentils and Cheesy Chive Mash w Peas</u> Brown lentils, onion, gravy, garlic, potatoes, cheese: (MILK) , chives, peas, Contains: DAIRY	<u>Banana</u>
TUESDAY	<u>Spring Vegetable Mac & Cheese</u> Pasta: (GLUTEN)(WHEAT) , cheese: (MILK) , leeks, carrot, sweetcorn, milk: (MILK) , cornflour: (GLUTEN)(WHEAT) , vegetable stock, chives, haricot bean. Contains: DAIRY	<u>Pancakes w Berry Compote</u> (EGG) , flour: (GLUTEN)(WHEAT) , milk: (MILK) , Raspberry, blackberry, blueberry, strawberry, cinnamon, sugar, Contains: DAIRY
WEDNESDAY SWEDEN	<u>Wild Salmon n Cabbage Pie w Peas</u> Leeks, salmon: (FISH) , onion, cabbage, pastry: (WHEAT)(GLUTEN) , flour: (GLUTEN)(WHEAT) , milk (MILK) , carrots, margarine, cauliflower, Contains: DAIRY	<u>Mango Yogurt</u> mango, yogurt: milk (DAIRY) Contains: DAIRY
THURSDAY	<u>Roast Turkey w New Potatoes n Carrots</u> Turkey, potato, carrots, gravy, onions, vegetable, stock, thyme	<u>Peach and Vanilla Cake</u> Peach, vanilla, sugar, milk: (MILK) , eggs: (EGG) , flour: (GLUTEN) (WHEAT) , water, baking soda, Contains: DAIRY OR <u>Fresh Fruit Salad</u> Watermelon, Apple, strawberry
FRIDAY	<u>Beef & Feta Cous Cous Salad</u> Beef, cous cous: (WHEAT)(GLUTEN) , cucumber, sweetcorn, onion, feta: (MILK) , green beans, Contains: DAIRY	<u>Wild-Berries Smoothie</u> Blueberries, blackberries, strawberries, raspberries, water





















onions, thyme, vegetable stock													
Summer Cauliflower Cheese Cauliflower, peas, leeks, lentils, milk: (MILK) , cornflour, margarine, spinach, cheese: (MILK) , wheat flour: (GLUTEN)(WHEAT) , Contains: DAIRY		Y					Y						
Chicken and Leek Pie w Carrots Carrots, leeks, pastry: (WHEAT)(GLUTEN) , potato, chicken, gravy, peas,thyme, vegetable stock		Y											

ALLERGEN MATRIX														
WEEK 3 AND 4 MEAT LUNCH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE/ SULPHITES
Cheese & Onion Mayo Jacket Potato Potato, cheese: (MILK) , spring onion, sweetcorn, mayonnaise: (EGG) , haricot bean. Contains: DAIRY				Y			Y							
Wild Salmon Fishcake w Sweetcorn Sweetcorn, salmon: (FISH) , potato, peas, leek, carrot, breadcrumbs: (WHEAT)(GLUTEN) , vegetable stock, spring onions		Y			Y									
Sweet n Sour Chicken w Rice Rice, chicken, onions, sweet peppers, sweet potato, soya sauce: (SOYA) , tomatoes, cornflour, vinegar, brown sugar, vegetable stock													Y	
Spaghetti Bolognaise Beef, pasta: (WHEAT)(GLUTEN) , carrots, tomatoes, peas, onion, garlic, basil, vegetable stock, mushrooms, thyme		Y												
Flaky Onion Pie w Peas Potato, milk: (MILK) , cheese: (MILK) , onion, chives, peas, pastry: (WHEAT)(GLUTEN) , vegetable stock, Contains: DAIRY		Y					Y							
Lentils and Cheesy Chive Mash w Peas Brown lentils, onion, gravy, garlic, potatoes, cheese: (MILK) , chives, peas, Contains: DAIRY							Y							



<u>Spring Vegetable Mac & Cheese</u> Pasta: (GLUTEN)(WHEAT) , cheese: (MILK) , leeks, carrot, sweetcorn, milk: (MILK) , cornflour: (GLUTEN)(WHEAT) , vegetable stock, chives, haricot bean. Contains: DAIRY		Y					Y							
<u>Wild Salmon n Cabbage Pie w Peas</u> Leeks, salmon: (FISH) , onion, cabbage, pastry: (WHEAT)(GLUTEN) , flour: (GLUTEN)(WHEAT) ,milk (MILK) , carrots, margarine, cauliflower, Contains: DAIRY		Y			Y		Y							
<u>Roast Turkey w New Potatoes n Carrots</u> Turkey, potato, carrots, gravy, onions, vegetable, stock, thyme														
<u>Beef & Feta Cous Cous Salad</u> Beef,cous cous: (WHEAT)(GLUTEN) , cucumber, sweetcorn, onion, feta: (MILK) , green beans, Contains: DAIRY		Y					Y							

ALLERGEN MATRIX														
LUNCH DESERT	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE/ SULPHITES
<u>Fresh Pear</u>														
<u>Strawberry Jelly</u> Vegan Gelatine, strawberries, sugar														
<u>Lemon Yogurt</u> Lemon Juice, Yogurt: milk: (MILK) Contains: DAIRY							Y							
<u>Pineapple Smoothie</u> Spinach, pineapple, melon, water														
<u>Banana Loaf Cake</u> Banana, milk: (MILK) , sugar, self raising flour: (GLUTEN) (WHEAT) , nutmeg, cinnamon, water (EGGS) , Contains: DAIRY		Y		Y			Y							
<u>Fresh Melon</u>														
<u>Pancakes w Peach Compote</u> (EGG) , flour: (WHEAT) (GLUTEN) , milk: (MILK) , peach, cinnamon, Yeast, sugar, Contains: DAIRY		Y		Y			Y							
<u>Wild Berries Yogurt</u>							Y							



Blueberries, raspberries, strawberries, yogurt: (MILK) , Contains: DAIRY														
Fresh Fruit Salad Pineapple, Galia melon, water melon														
Blueberry & Lemon cake Blueberry lemon juice, milk: (MILK) , eggs: (EGG) , sugar, self raising flour: (GLUTEN)(WHEAT) , nutmeg, cinnamon, water,Contains: DAIRY		Y		Y			Y							
Satsumas														
Mango & Strawberry Smoothie Mango,strawberry,water <hr/>														
Wild-Berries Smoothie Blueberries, blackberries, strawberries, raspberries, water														
Strawberry, Apple & Apricot Crumble Apple, apricot, wheat flour: (WHEAT)(GLUTEN) , oats: (WHEAT)(GLUTEN) , margarine, strawberry, cinnamon, vanilla		Y												
Cherry Yogurt cherries, yogurt: milk: (MILK) , Contains: DAIRY							Y							
Marble berries and Vanilla cake Flour: (GLUTEN) (WHEAT) , milk: (MILK) ,sugar, berries, water, baking Soda, (EGGS) , Contains: DAIRY		Y		Y			Y							
Strawberry Smoothie Strawberry, Blueberry, pineapple, water														
Banana														
Pancakes w Berry Compote (EGG) , flour: (GLUTEN)(WHEAT) , milk: (MILK) , Raspberry, blackberry, blueberry, strawberry, cinnamon,sugar, Contains: DAIRY		Y		Y			Y							
Mango Yogurt mango, yogurt: milk (DAIRY) Contains: DAIRY							Y							
Peach and Vanilla Cake Peach, vanilla, sugar, milk: (MILK) , eggs: (EGG) , flour: (GLUTEN) (WHEAT) ,water, baking soda, Contains: DAIRY		Y		Y			Y							